

POOL 1 SCHEDULE

Updated 2/1/2024

NO LIFEGUARD ON DUTY 4:30-6am!! Adult swim only.

A Lifeguard will be on duty: Monday-Friday from 6:00 a.m.-9:30 p.m.

Saturday 7:00 a.m. -7:30 p.m.

Sunday 9:00 a.m.-7:30 p.m.

Swim Lesson Programming

Aquatic Fitness classes

THERE IS NO OPEN SWIM ALLOWED DURING AQUATIC CLASSES

TIM	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
E	CLOSED	Adult Swim Laps-2	Adult Swim Laps-2	Adult Swim Laps-2	Adult Swim Laps-2	Adult Swim Laps-2	CLOSED
5:00		Aqua Fit-3 Laps-1	Open Swim Laps-2	Aqua Fit-3 Laps-1	Open Swim Laps-2	Aqua Fit-3 Laps-1	
6:00		Open Swim Laps-2		Open Swim Laps-2		Open Swim Laps-2	
7:00		Aqua Dance-3 Laps-1	Aqua Strong-3 Laps-1	Aqua Fit-3 Laps-1	Aqua Strong-3 Laps-1	Aqua Dance-3 Laps-1	
8:00	Open Swim Laps-2	Aqua Arthritis-3 Laps-1	Aqua Strong-2 Laps-0	Aqua Arthritis-3 Laps-1	Aqua Strong-2 Laps-0	Aqua Arthritis-3 Laps-1	Swim Lessons-2 Laps-0
9:00		Open Swim Laps-2	Swim Lessons-1 Laps -1 Open Swim		Swim Lessons-1 Laps -1 Open Swim	Swim Lessons-2 Laps-0 Open Swim	
10:00		Barre & Balance-4 Laps-0					
11:00							
12:00		Aqua Blast-4 Laps-0	Aqua Fit-4 Laps-0	Aqua Blast-4 Laps-0	Aqua Fit-4 Laps-0	Open Swim Laps-2	Open Swim Laps-2
1:00		Open Swim Laps-2	Open Swim Laps-2	Open Swim Laps-2	Open Swim Laps-2		
2:00		Physical Therapy-1 Laps-1	Physical Therapy-1 Laps-1	Physical Therapy-1 Laps-1	Physical Therapy-1 Laps-1	Open Swim Laps-2	POOL PARTY Inflatable Laps-0
3:00		Open Swim	Open Swim	Open Swim	Open Swim		
4:00		Swim Lessons-2 Laps-0	Swim Lessons-2 Laps-0	Swim Lessons-2 Laps-0	Swim Lessons-2 Laps-0		
5:00		CLOSED	Open Swim	Open Swim	Open Swim	Open Swim	POOL PARTY Inflatable Laps-0
6:00	Open Swim Laps-2		Open Swim Laps-2	Open Swim Laps-2	Open Swim Laps-2		
7:00	Open Swim Laps-2		Open Swim Laps-2	Open Swim Laps-2	Open Swim Laps-2	Open Swim Laps-2	CLOSED
8:00	CLOSED						
9:00		Open Swim Laps-2				Open Swim Laps-2	
		CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	

POOL 2 SCHEDULE

Updated 2/01/24

NO LIFEGUARD ON DUTY DURING LAP SWIM

Lifeguard is stationed in Pool 1

Pool 2 LAP SWIM is for swimmers 16 years and older. Reservation REQUIRED *See below for Open Swim Times

Lane 1 is first come-first serve when not being used in other programs

Lanes 2 & 3 MUST be reserved. Max 1 person. Lap swimming or water fitness

Lanes 4 & 5 MUST be reserved. Max 2 persons. Lap swimming or water fitness

Children under 16 are only allowed in Pool 2 during scheduled LIFEGUARD SUPERVISED OPEN SWIM times and only if a lane is available:

SUNDAY All day 9am-7pm, MONDAY-THURSDAY 7-9pm, FRIDAY 5-9pm, SATURDAY 10am-7pm

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
5:00	CLOSED	Channel Cats-3 Laps-2	Masters-5 Laps-	Channel Cats-3 Laps-2	Masters-5 Laps-	Ext. Masters-5 Laps-0	CLOSED	
6:00	Open Swim LIFEGUARD ON DUTY Laps available	Laps-5	0 Laps-	Laps-5	0 Laps-	Laps-5	CLOSED	
7:00			5		5		Masters-5 Laps-0	
8:00							Channel Cats-5 Laps-0	
9:00			TriSwim-5 Laps-	Aqua Deep-3 Laps-	TriSwim-5 Laps-	Aqua Deep-3 Laps-		
10:00			0 Laps-	2 Laps-	0 Laps-	2 Laps-		
11:00		5	5	5	5		PC Flyers-4 Laps-1	
12:00							Open Swim LIFEGUARD ON DUTY Laps available	
1:00								
2:00								
3:00		Channel Cats-5 Laps-0	Channel Cats-5 Laps-0	Channel Cats-5 Laps-0	Channel Cats-5 Laps-0	Channel Cats-5 Laps-0		
4:00								
5:00						Laps-5		
6:00		Laps-5PC Flyers-4Laps-5	PC Flyers-4Open Swim		Laps-1Laps-1	LIFEGUARD ON DUTY		
7:00	CLOSED	LIFEGUARD ON DUTYLaps available	Open SwimOpen SwimLIFEGUARD ON DUTYLaps available	Open SwimOpen SwimLIFEGUARD ON DUTYLaps available	Laps available		CLOSED	
8:00								