

# PHYSICAL THERAPY @ THE PACIFIC CLINIC

1350 NORTH GRANT STREET KENNEWICK, WA 99336 PHONE: (509) 735-2014 FAX: (509) 735-3980

## PHYSICAL THERAPY MEDICAL HISTORY

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

FAMILY PHYSICIAN: \_\_\_\_\_ REFERRING PHYSICIAN: \_\_\_\_\_

DATE OF INJURY (MVA OR WORKMAN'S COMP): \_\_\_\_\_

HOW DID THE INJURY OCCUR: \_\_\_\_\_

HOW WOULD YOU RATE YOUR OVERALL HEALTH? ( ) EXCELLENT ( ) GOOD ( ) FAIR ( ) POOR

DO YOU LIVE ALONE? ( ) YES ( ) NO

HAVE YOU HAD ANY OF THE FOLLOWING MEDICAL OR REHABILITATION SERVICE FOR THIS INJURY?

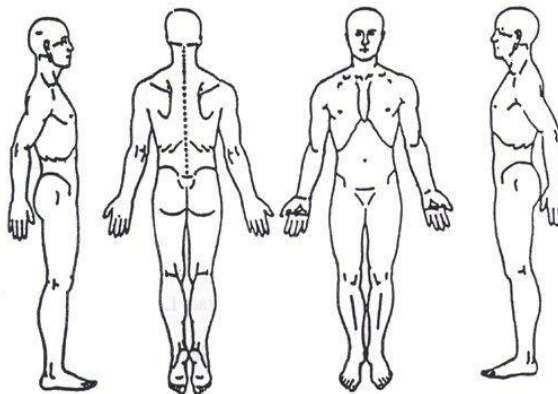
- |  |                                       |
|--|---------------------------------------|
| <input type="checkbox"/> X-RAYS            | <input type="checkbox"/> EMG/NCV      |
| <input type="checkbox"/> PT, OT OR MASSAGE | <input type="checkbox"/> ORTHOPEDIST  |
| <input type="checkbox"/> ER CARE           | <input type="checkbox"/> CHIROPRACTOR |
| <input type="checkbox"/> CT SCAN           | <input type="checkbox"/> OTHER: _____ |

DO YOU HAVE OR HAVE YOU EVER HAD ANY OF THE FOLLOWING

- |  |   |
|--|---|
| <input type="checkbox"/> STROKE/TIA              | <input type="checkbox"/> TOBACCO USE                      |
| <input type="checkbox"/> CANCER                  | <input type="checkbox"/> ALLERGIES                        |
| <input type="checkbox"/> ARTHRITIS               | <input type="checkbox"/> VISION OR HEARING ISSUES         |
| <input type="checkbox"/> DIABETES                | <input type="checkbox"/> FECAL INCONTINENCE               |
| <input type="checkbox"/> EPILEPSY/SEIZURES       | <input type="checkbox"/> URINARY INCONTINENCE             |
| <input type="checkbox"/> RESPIRATORY ISSUES      | <input type="checkbox"/> HERNIA                           |
| <input type="checkbox"/> NEUROLOGICAL CONDITIONS | <input type="checkbox"/> WEIGHT LOSS OR GAIN              |
| <input type="checkbox"/> DIZZINESS OR FAINTING   | <input type="checkbox"/> METAL IN BODY                    |
| <input type="checkbox"/> CARDIOVASCULAR ISSUES   | <input type="checkbox"/> ANEMIA                           |
| <input type="checkbox"/> OSTEOPOROSIS            | <input type="checkbox"/> INFECTIOUS DISEASE               |
| <input type="checkbox"/> DEPRESSION/ANXIETY      | <input type="checkbox"/> SLEEPING ISSUES/DIFFICULTY       |
| <input type="checkbox"/> SHORTNESS OF BREATH     | <input type="checkbox"/> PREGNANT, HOW MANY MONTHS? _____ |

1. ON A SCALE OF 0 – 10, WITH 0 BEING NO PAIN AND 10 BEING THE WORST PAIN.

\_\_\_\_\_ CURRENT PAIN      \_\_\_\_\_ BEST PAIN      \_\_\_\_\_ WORST PAIN



2. MARK THE LOCATION OF YOUR PAIN ON THE BODY DIAGRAM

3. WHAT CAUSES YOUR PAIN TO INCREASE? \_\_\_\_\_

4. WHAT CAUSES YOUR PAIN TO DECREASE? \_\_\_\_\_

